



# centralecroydon

## Centrale & Whitgift Shopping

centralecroydon To help raise awareness of World Mental Health Day, we will be spreading the message of positivity and prompting a wider conversation around mental health by displaying specially commissioned poems around Centrale & Whitgift. Each poem has been created by talented poet @millsmc07 and will be on display from 10th-13th October. Please feel free to take a picture and share. ❤️

#worldsmentalhealthday

#poetryproject

#mentalhealthawareness

Always be kind to  
everyone that you  
meet and remember  
that flowers bloom  
when the sun shines.  
They open up  
because they trust  
its warmth,  
people do too.

**centrale**  
& Whitgift

This poem has been commissioned by poet James McInerney to support World Mental Health Day. Please feel free to take a photo and share.

@centralecroydon @poetryproject08 @millsmc07