

# fremlin walk

Everyone is different;  
we all have our  
mountain to climb.  
The dizzy heights  
that leave people  
breathless can also,  
for some, exist at its  
base.

**JAMES MCINERNEY**

@MILLSMC07 @POETRYPROJECT08



fremlin walk

The  
Poetry  
Project



Fremlin Walk

Like This Page · 28 mins · 🌐

Have you seen our quotes on the mall today? We're supporting #MentalHealthAwarenessDay and have teamed up with Author & Poet James McInerney to raise awareness. Sometimes all it takes is a short conversation with your loved one. It could mean the difference between life and death.

To find out more visit 📍 <https://www.fremlinwalk.co.uk/were-supporting-world-mental-health-awareness-day/>

#suicideprevention #mentalhealthawareness