



White Rose Shopping Centre marked World Mental Health Day on 10 October with an exhibition of James McInerney's poetry.

James' poems were displayed across the floor of the central atrium at the Centre, so that visitors could walk amongst them to discuss and share them with family and friends. The poems were specially selected to promote mindfulness and encourage sharing kindness.

HEALTH & FITNESS · OUT OF TOWN

# White Rose Poetry Exhibition on World Mental Health Day

10TH OCTOBER 2019 · 14 MINUTE READ · BY HELEN MORGAN